



Log in to the HSRC Intern Portal

https://internportal.hsrc.ac.za

Use your credentials to access the portal.



Navigate to 'Manage Monthly Timesheet' from left-hand menu

On your dashboard, click on "Add Timesheet" tab.



Select the Relevant Month

Create a new timesheet for the current month (e.g. July). You can still go back to previous month to capture any outstanding days.



Complete Required Information

Fill in your daily attendance and any other required details for the month



Review and Submit

Double-check all entered details for accuracy, and then click 'Submit".



Mentor/Supervisor Approval

Your Mentor/Supervisor will be notified to review and approve/reject your submission.